



## WEST SHORE RECREATION COMMISSION

### 2011-2012 Volleyball League Operating Guidelines



#### PLAYERS

1. **Divisions** - Players may participate in one division of each league (men's, co-rec, girl's high school) if desired. The division level of a team entry is subject to change by the League Supervisor for optimal levels of competition.
  2. **Sanctioned Player** - The number of USA sanctioned players on the playing court at one time will be limited to the following numbers:
 

MEN: A: unlimited	CO-REC: AA: <i>unlimited</i>	GIRLS HS: <i>unlimited</i>
BB: 1	A: <i>unlimited</i>	
B: 0	BB or B: 0 (No sanctioned players)	
- Exception: Male A-elite, AA and A USA Volleyball sanctioned players may play only in the highest division available.  
 Note: Sanctioned status based on registration in the prior USA Volleyball season (July 2010 - June 2011). The current season will not be used in identifying sanctioned players for this league. Those registered in the USVBA Junior division will not be considered as sanctioned for this league.
3. **Transfers Between Teams** - Handled as a roster addition (see #5 below) along with the following:
    - a. If a player desires to transfer to a team in a higher division, there will be no waiting period.
    - b. If a player transfers between teams in the same division or to a lower division, she/he will be required to sit out two matches before joining the new team.
    - c. Transfers must take place before the roster addition deadline.
    - d. A player may only transfer one time during the season unless his team should forfeit the rest of the season.
  4. **Play-off Eligibility** - Players must have played in at *least four* matches as a team member of the team that advances to the post-season tournament to be eligible to participate in the tourney.
  5. **Roster Additions** - The final date to make additions to team rosters will be Friday, January 13, 2012 at 4:00 pm by the captain either in writing, by telephone or in person at the Recreation Office. This will also be the final date to transfer between teams. A player will not be considered transferred until verification is received by the captain of the team from which the person is transferring.
  6. **Captains** - Only captains should call the Recreation Manager. If a captain wishes to submit comments in writing, please send the to Eric Stauffer at [estauffer@wsrec.org](mailto:estauffer@wsrec.org).
  7. **Insurance** - Players are responsible for providing sufficient medical coverage prior to participation. West Shore Recreation and West Shore School District and their employees are not liable for any injuries that may occur as a result of participation either as a player or spectator in this activity unless willful negligence can be proven.

#### UNIFORMS

1. All players must wear a shirt, but colors do not have to match. Individual players may wear either long sleeve, short sleeve or **sleeveless**, but sleeves **must** be hemmed, not cut-off.
2. Contrasting colored permanent numbers at least 3" tall are required either on the front or back (preferably both) of each player's shirt. Taped numbers are not acceptable. An easy fix is to use a permanent marker to write the number on the shirt. No two players on a team may have the same number.
3. Players may not switch numbers during a game.
4. Numbers must be recorded on the team roster. If a player wears a number during a game that is different than the one listed on the roster, it is the captain's responsibility to inform the referee and make sure the referee records the player's name and number on the score sheet.
5. A violation of the uniform regulation will result in a \$3 fine per offending player, payable to the referee before the match starts. The player may play the entire match after paying the fine. The match will not start until the fine is paid!
6. Absolutely NO jewelry should be worn while playing or warming up. West Shore Recreation and its referees will not be responsible for reminding participants and will not be responsible for any injuries that may occur to the individual(s) as a result of wearing jewelry. Flat wedding rings are acceptable.
7. Shoes must be worn while participating in warm-up and matches.

#### LEAGUE RULES AND REGULATIONS

1. All divisions will use USVBA rules with no limit on the number of team or player substitutions.
2. A warm-up period preceding the match will be **five minutes**. All warm-ups using a ball must be conducted in the gym. No balls or running permitted in the hallway. Players are not permitted in classrooms.
3. In order to allow each team to have their allotted court time, the first match will start promptly at the scheduled time (unless prevented by circumstances beyond league control).
4. Games will now use the "rally or speed" point format. The first and second game will be to 25 points with a 27-point cap. The length of the third game will be determined by the start time of third game.
 

**For matches with 7:15, 8:15 or 9:15 pm start times**

  - If third game starts before 55 minutes past the hour, the third game will also be to 25 points (27 cap).
  - If third game does not start until after 55 minutes past the hour, then the third game will be to 15 points (17 cap).

5. **Forfeits** - All teams must have a minimum of four players on the court to play. Co-Rec teams must have a minimum of one male on the court to avoid a forfeit. At no time may there be more men than women on the court for Co-Rec.  
A forfeit will be declared for the first game at ten minutes after the scheduled match start time. The second game will be forfeited with insufficient players ten minutes later. The match will be considered forfeited if both the first and second games are forfeited.  
A **forfeit fee** of \$10 is due for each unreported match forfeited to the Recreation Office prior to the next match (4 pm deadline) or the team will not be eligible to play in that match. Teams that call the Recreation Office by 3 pm on their match date to report a forfeit are not subject to the forfeit fee.  
Any team that forfeits four matches (reported or not) will be eliminated for the rest of the season and may be declared ineligible for the following season.
6. **Protests** - should be lodged with the Recreation Office by 4 pm of the next day. Judgment calls by referees are not debatable. Protests should be noted by the referee on the score sheet.
7. Team must carry a minimum of eight and a maximum of fifteen players on their roster. Teams who pay the entry fee based on a majority of residents must maintain the majority throughout the season.
8. Allowances in line violations will be made for serving at the Allen Middle School gym due to a lack of proper baseline space.
9. When the ball hits the ceiling or an object hanging from the ceiling on the same side during the first two contacts, it will be considered playable. If a ball touches the ceiling or a hanging object on the third contact or the opponent's side, it's considered out-of-bounds.
10. "Ball on Court" ruling is a discretionary call by the referee. Play will continue unless instructed otherwise by the referee.
11. The service rule states that you can only toss ball once or play will be whistled a sideout.
12. We will be playing by the service rule that allows the ball to touch the net during the serve ("let serve" rule)
13. A post-season tournament based on league standings will be held. Details will be announced in late January for HS Girls and February for other divisions. League regulations will be enforced during play-offs except the matches will consist of the best two out of three games. Ties between teams in play-off contention will be broken by 1st) head-to-head competition (number of games won) or 2nd) head-to-head competition (number of points won) or 3rd) percentage of total points scored compared to total points possible in all matches for the entire season or 4th) a coin toss. If two teams are tied for the last position in the tournament, then one 25-point tie-breaker game will be played to determine which team will advance to the playoffs. If three or more teams are tied for the last play-off position, the tie will be broken based on head-to-head competition.
14. The fee schedule will be announced in August of each year. The lower fee is for teams with a majority of players who are residents of participating communities in West Shore Recreation. A second fee is available for teams who have a financial sponsor located in one of the participating communities of West Shore Recreation (the check must come from the business). A higher fee is available for teams with players who are not residents of participating communities.

### REFEREES

Referees will do their best to call games fairly according to the level of each division. This league is considered recreational in nature; therefore, verbal abuse toward any official will not be tolerated. A violation may result in suspension from the league.

### SPECTATORS

Spectators will be allowed in the gym as space permits. **Any child must be supervised at all times** by an adult who is **not playing**. No running or balls permitted in the school hallways.

### AWARDS

1. Regular Season - awards will be presented based on league standings at the end of a season.  
1st Place: Team Award and Individual Awards  
2nd Place: Team Award and Individual Awards  
3rd Place: Team Award  
A division with less than six teams will not be presented Individual Awards.
2. Post-Season Tournament - A team award will be presented to the first and second place teams.

### COMMUNICATIONS

1. Weekly standings will be *posted on our web site* ([www.westshorerec.org](http://www.westshorerec.org)) as quickly as possible.
2. Anyone wishing to receive the league standings via e-mail as a ".pdf" attachment may just send an e-mail request to [estauffer@wsrec.org](mailto:estauffer@wsrec.org)
3. The department strives to continually improve the league for the residents it serves. Comments and suggestions will be welcomed by captains either in writing or by telephone.
4. Some situations may arise that these stated guidelines do not address. Therefore, information may be added as the season progresses. Each team captain will receive the updates by e-mail.

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