

SPORTS

MEN'S BASKETBALL ♥

Enjoy evenings of informal competition for fun and exercise. Teams formed on a weekly basis.

Lemoine Middle School

Thursdays, 8:15-10:15 pm (15 weeks)

January 12 – May 3 (no 2/16, 4/5)

Cost: \$69; *discounted resident rate: \$58*

plus WSSD facility use fee: \$35/person

Red Mill Elementary School

Tuesdays (15 weeks)

January 10 – February 28: 8:30-10:30 pm and

March 6 – April 17: 8:00-10:00 pm

Cost: \$69; *discounted resident rate: \$58*

plus WSSD facility use fee: \$35/person



RECREATIONAL VOLLEYBALL ♥

Enjoy evenings of informal competition for fun and exercise. Co-rec teams are formed on a weekly basis.

Lemoine Middle School

Tuesdays (15 weeks)

January 17 – February 28: 8:45-10:15 pm and

March 6 – April 24: 7:30-9:30 pm

Cost: \$65; *discounted resident rate: \$54*

plus WSSD facility use fee: \$35/person



Red Mill Elementary School

Wednesdays, 8-10 pm (15 weeks)

January 11 – April 18

Cost: \$69; *discounted resident rate: \$58*

plus WSSD facility use fee: \$35/person

OVER 35 MEN'S BASKETBALL ♥

Informal competition for fun and exercise reserved especially for men 35 years and older.

New Cumberland Middle School

Wednesdays, 7:30-9:30 pm (15 weeks)

January 11 – April 18

Cost: \$69; *discounted resident rate: \$58*

plus WSSD facility use fee: \$35/person

Red Mill Elementary School

Thursdays (15 weeks)

January 12 – March 1 (no 2/9): 8:30-10:00 pm and

March 8 – April 26: 8:00-9:30 pm

Cost: \$56; *discounted resident rate: \$47*

plus WSSD facility use fee: \$35/person

♥ - HEART HEALTHY ACTIVITY

WSSD Facility Fee: A fee enacted by the West Shore School District for adult use of school facilities beginning in 2012. See page 2.

ELECTRONIC COMMUNICATION

We request your e-mail address at registration because our software allows us to provide you:

- a registration receipt (be sure to click on the receipt link)
- announcements about your class
- special offers
- and news about West Shore Rec happenings.

We do not share or sell e-mail addresses and we resolve not to overload your inbox!

TRIPS

PHILADELPHIA FLOWER SHOW 🌸

Step inside an oasis of beauty and elegance in this year's show, *Hawaii, Islands of Aloha*. You'll find acres of gardens, thousands of artistic floral and horticultural displays, over 140 shops in the marketplace, and enjoy spectacular, live entertainment, gardening and culinary demonstrations, free wine tasting (ID required) and so much more.

Thursday, March 8; departing 7:00 am, returning 8:30 pm

Radisson Penn Harris Hotel – parking lot

Cost: \$84

NEW CHERRY BLOSSOM CRUISE 🌸

Celebrate the 100th anniversary of the cherry blossoms as you cruise in style on the Potomac with wide-open views of the cherry blossoms and monuments. Afterwards, your licensed DC guide leads you on a narrated driving tour with a few stops for photos along the way. Trip includes luncheon cruise aboard the *Odyssey*.

Tuesday, April 3; departing 6:30 am, returning 9:30 pm

Radisson Penn Harris Hotel – parking lot

Cost: \$139

WASHINGTON, DC OWN YOUR OWN 🌸

Spring is a wonderful time to visit the National Zoo or explore the museums and monuments around the National Mall. The motorcoach will drop off and pick up at both locations.

Sunday, April 15; departing 7:00 am, returning 9:15 pm

Radisson Penn Harris Hotel – parking lot

Cost: \$54

NEW YORK CITY YOUR WAY 🌸

In New York City you can experience a different culture in Little Italy or Chinatown, shop 'til you drop in the garment district or at a street fair, get a bird's eye view of the city from atop the Rockefeller Center or the Empire State Building, or get a taste of it all by taking a double-decker bus tour. The day is yours to do as you please.

Saturday, April 28; departing 7:00 am, returning 10:30 pm

Radisson Penn Harris Hotel – parking lot

Cost: \$69

MOUNT VERNON & BOAT TOUR

Mount Vernon was the beloved home of George and Martha Washington from the time of their marriage in 1759 until General Washington's death in 1799. The plantation is located along the Potomac River near the nation's capital. Your visit will include plenty of time for a tour of the Mansion house, exploration of the surrounding gardens and outbuildings of the estate, and lunch before our group embarks on an afternoon sightseeing cruise on the Potomac. A \$10 lunch voucher for the food court pavilion is included. A short rest stop is planned for the return trip.

Thursday, June 7; departing 7 am, returning 6 pm

Allen Middle School – parking lot

Cost: Adults: \$99; *discounted resident rate: \$83*

Youth 6-11 yrs: \$92; *discounted resident rate: \$77*

New Info!

West Shore Recreation Commission has partnered with Wolf's Bus Lines to offer more trip destinations without needing to fill an entire bus. Our group of 10 to 15 persons will be combined with other passengers from several other pick up locations. Pick up and drop off will be at the Radisson Penn Harris parking lot in Camp Hill. These tours will be escorted by staff from Wolf's Bus Lines and are designated with a paw print symbol. Please note these trips require a 30 day cancellation notice to receive a refund.

TRIP INFORMATION

- West Shore Rec Commission uses modern motor coaches equipped with restrooms and air conditioning. In consideration of others, smoking and alcoholic beverages are not permitted. The gratuity for the bus driver is not included in the price listed. Please note the right front seats are reserved for the trip escort.
- In general, brief stops are made at fast food restaurants when the travel time is over 2.5 hours each way.
- **Help us out!** Please register early for bus trips! We must reach a minimum of participants at least 24 days prior to departure or we must cancel. Should we have to cancel, you will receive a full refund.
- If you must cancel from a trip, notify West Shore Rec at least 30 days before a trip to receive a refund (unless stated otherwise). After that, a refund will only be available if a replacement can be found.