

# WELCOME TO THE WINTER/SPRING 2026 RECREATION PROGRAM GUIDE!

As the snow falls and the days begin to lengthen, it's the perfect time to discover all the ways to stay active, creative, and connected in our community! Whether you're looking to learn something new, stay fit, connect with neighbors, or simply have fun, you'll find a program that's just right for you. Explore favorites like aquatics, youth sports, fitness classes, and special interest workshops-plus exciting new offerings designed to keep you inspired all season long.

SUMMER

**OPPORTUNITIES** 

#### PLAYZONE DAY CAMP COUNSELORS

- Monday thru Friday, June 8 July 31
- 7:30 am-5:15 pm (8-8.5 hr shift), \$13-\$14/hr
- Camper age groups 6-8 and 9-12
- Games, field trips, swimming, crafts & more
- Very beneficial for education, phys ed and recreation college majors and grads
- Send application or for more details contact Eric Stauffer at estauffer@wsrec.org

# **LEMOYNE POOL STAFF**

- Red Cross certification required for lifeguards
- Managers (\$14-20/hr); Lifeguards (\$11-13/hr)
- Send application to Todd Miller at tmiller@wsrec.org

## SUMMER BLAST COUNSELORS

- 9:00 am-12:00 noon, Monday thru Friday, June 15 July 31
  - Organize and lead games for children entering grades 1-6
    - · Prior experience working with children required
      - \$10-\$12/hr depending on experience
      - Send application or for more details contact Todd Miller at tmiller@wsrec.org

### **WEST SHORE NATATORIUM STAFF**

- Year-round lifeguard and swim lesson instructor positions
- Red Cross certifications required for lifeguards and swim instructors
- Lifequards (\$10-12/hr)
- Swim Instructors (\$12-\$20/hr)
- Send application to Todd Miller at tmiller@wsrec.org

- Manager and Lifeguard positions
- 2026 Summer season: May 23 Sept. 7

# FIRST DAY OF REGISTRATION: JANUARY 5th

So that everyone has a chance to receive this brochure and time to make activity selections, the first day registrations will be accepted is Monday, January 5th 8:30 a.m. for residents of participating communities in West Shore Rec.

Non-residents may register January 12th or the day before the program begins (whichever is sooner).

#### ATTENTION GOLDSBORO BOROUGH RESIDENTS...

Since Goldsboro Borough is no longer a participating member of the West Shore Rec Commission, starting January 1, 2026 anyone who resides in Goldsboro Borough will be considered a non-resident. The first day that you will be able to register for a program listed in this brochure will be Monday, January 12. Also, your cost to enroll in programs will be the regular price listed (not the discounted resident rate). Please inquire with our office if you have any questions.

# PROGRAM REGISTRATION

Participants must pre-register for all programs. No one will be allowed to sign up at the program site. Contact the recreation office at 717-920-9515 if you have any questions.

\* Sorry, we cannot accept registrations or cancellations by e-mail or fax.

# TWO PRICES?

Residents of participating municipalities (Fairview & Lower Allen Townships, New Cumberland, Lemoyne and Lewisberry Boroughs) receive a discount on programs. The first price listed is for all others. Please note some programs have an additional WSSD Facility Use Fee.

# **MAKE-UP DATES**

West Shore Rec makes every attempt to reschedule classes canceled due to inclement weather and other circumstances outside of its control. The makeup is usually rescheduled just after the original ending date. No refunds will be given for unattended make-up classes.

# **CONTACT WEST SHORE REC**

717-920-9515 wsrec@wsrec.org westshorerec.org

## **MISSION STATEMENT**

West Shore Recreation Commission, based on an agreement of inter-governmental cooperation, is dedicated to enriching lives by providing quality recreational and leisure-time opportunities for all residents.

# **OFFICE HOURS**

Monday through Friday, 8:30 am to 4:30 pm. Closed on holidays: January 1 & 19, February 16, April 3 & 6. The Recreation Office is located inside the WSSD Administration Building (507 Fishing Creek Rd). Rec Office entrance is near the flag pole.

## **ACTIVITY CANCELLATIONS**

Call 717-920-9515 and press 3 to check on activity status.

In the case of inclement weather, any activity updates will be posted on the automated phone system unless otherwise specified. We ask that you call our office to check on weather related activity cancellations by dialing 717-920-9515 and pressing the number 3 on the main menu.

# **AUTOMATED PHONE SYSTEM DIRECTORY**

Here is what is available to you when you call our number 717-920-9515.

Press 1 Register or inquire about a program Office location information Press 2 Press 3 Activity cancellations Staff directory Press \*

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West Shore Rec offers registration on the Internet for selected programs (designated throughout the brochure with a 6 symbol). There is a convenience fee to use this registration option. Visit https://apm.activecommunities.com/westshorerec



# **ACTIVE WELLNESS**

CONSULT YOUR PHYSICIAN BEFORE STARTING ANY EXERCISE PROGRAM.

Please visit our website (westshorerec.org) and click on the ActiveNet link for more information on each activity.

## **YOUTH ACTIVITIES**

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# **NEW** KINDERDANCE WITH ME

For ages 15-24 months. Little movers and their favorite adult are involved in cute upbeat class filled with interactive songs and props that are just right for them! The class curriculum offers age appropriate exposure to developmental milestones through dance and sensory-motor activities while nurturing the bond between caregiver and child. Instructor: Kinderdance.

Wed, 10:00-10:30 am, Lemoyne Borough - community rm

**A.** Jan 21 – Feb 25 **B.** Mar 18 – Apr 22

# Cost: \$64; discounted resident rate: \$49

# **EXECUTE** KINDER TOTS

Includes movement, music, fitness and fun! Blending of color, numbers and shape learning right into the class. Designed for two year olds (must be 2 prior to class). Parental assistance may be needed. Instructor: Kinderdance.

Thur, 5:30-6:00 pm, West Shore Senior Center **A.** Jan 22 – Feb 26 **B.** Mar 19 – Apr 23

Cost: \$64; discounted resident rate: \$49

# KINDER GYM

Boys and girls 3-5 years will be introduced to tumbling and the pre-apparatus skills of gymnastics. Emphasis is on coordination and exercise. Child must be minimum age prior to the class. Instructor: Kinderdance.

Tue, 7:10-7:55 pm, Fishing Creek ES – bldg. I cafeteria

**A.** Jan 20 – Feb 24 **B.** Mar 17 – Apr 21 Thur, 6:10-6:55 pm, West Shore Senior Center

**C.** Jan 22 – Feb 26 **D.** Mar 19 – Apr 23

Cost: \$91; discounted resident rate: \$70

# KINDERDANCE

The focus is on coordination, movement, and exercise to music for 3-6 year old children. Includes an introduction to ballet, tap, and acrobatics. Ballet shoes are optional; tap shoes are recommended or dress shoes that make sound. Child must be 3 years of age prior to the first class. Parental assistance is not needed. Instructor: Kinderdance.

Tue, 6:15-7:00 pm, Fishing Creek ES – bldg. I cafeteria

**A.** Jan 20 – Feb 24 **B.** Mar 17 – Apr 21

Wed, 10:45-11:30 am, Lemovne Borough - community rm

**C.** Jan 21 – Feb 25 **D.** Mar 18 – Apr 22 Thur, 7:05-7:50 pm, West Shore Senior Center **E.** Jan 22 – Feb 26 **F.** Mar 19 – Apr 23

Cost: \$91; discounted resident rate: \$70

# **● NEW NINJA OBSTACLE TRAINING FOR KIDS**

Get ready to run, jump, climb, traverse, and swing like a ninja! Each week, kids will take on exciting obstacle challenges that build strength, balance, and confidence in a fun, safe, and supportive environment. Perfect for all skill levels. Instructor: USA Ninja Challenge Staff.

Fri, Feb 27 – Mar 27, USA Ninja Challenge – 1909 State St., Camp Hill

**A.** Ages 6-8, 6:00-6:45 pm

**B.** Ages 9-12, 7:00-7:45 pm

Cost: \$117; discounted resident rate: \$90

## TIGER CUBS MARTIAL ARTS

Our youngest students build a strong foundation through fun, age-appropriate activities that develop balance, coordination, and confidence. Cubs age 4-5 learn to focus their attention, follow directions, and believe in themselves—all while moving, kicking, and growing in a positive, encouraging environment. Instructor: Tiger Rock.

Tue, Apr 14 – May 26, 5:30-5:55 pm, Tiger Rock Martial Arts Cost: \$68; discounted resident rate: \$52

# REGISTRATION BEGINS JANUARY 5TH

# **UNIOR MARTIAL ARTS**

No one sits on the bench in this high-energy class! Kids age 6-11 build confidence, discipline, self-control, and respect while learning real self-defense skills in a fun and supportive setting. Every student is encouraged to grow, achieve, and shine—both on and off the mat. Instructor: Tiger Rock.

Wed, Apr 15 – May 27, 5:30-6:15 pm, Tiger Rock Martial Arts Cost: \$78; discounted resident rate: \$60

# **LEEN MARTIAL ARTS**

Train in a positive, motivating environment surrounded by peers who share your goals. Build strength, flexibility, coordination, and focus while developing practical self-defense skills. Ages 12-15 will gain confidence, discipline, and fitness as they challenge themselves and reach new heights. Instructor: Tiger Rock.

Tue, Apr 14 – May 26, 6:45-7:30 pm, Tiger Rock Martial Arts Cost: \$78; discounted resident rate: \$60

# **VOUTH EQUINE ACTIVITIES**

All equine activities will be held at Total Equine Learning Center: 1206 S. Market St in Mechanicsburg, PA. Farm has an indoor & outdoor riding ring, so come rain or shine. Long pants required. Instructor: Joanne Hocker.

Pony Rides - Enjoy led pony rides (no instruction). For ages 4-12

**A.** Sun, Mar 22, 1:30-3:00 pm

**B.** Sun, May 24, 1:30-3:00 pm

Cost: \$75; discounted resident rate: \$58

Mini Horsemanship - Enjoy pony rides and receive grooming instruction for some fun at the barn! Ages 6-12.

C. Sun, Apr 26, 1:30-3:00 pm

Cost: \$81; discounted resident rate: \$62

**Youth Horsemanship** - For ages 7-14. Learn the basics of horsemanship, riding technique and safety. Participate in grooming and tacking activities. Equestrian helmets also required.

**D.** Sat & Sun, April 11,12,18,19, 1:30-3:30 pm Cost: \$456; *discounted resident rate: \$351* 

# **ACTIVITIES FOR ADULTS 18+**

# **L** ADULT HORSEMANSHIP

Learn to saddle, groom and basic riding techniques (Western saddle). Held at Total Equine Learning Center: 1206 S. Market St in Mechanicsburg, PA. Farm has an indoor & outdoor

riding ring, so come rain or shine. Long pants & equestrian helmet required. Instructor: Joanne Hocker.

Mon. Mar 16 – Apr 13 (no 4/6) . 7:00-8:30 pm

Mon, Mar 16 – Apr 13 (no 4/6), 7:00-8:30 pm Cost: \$456; discounted resident rate: \$351



# **←** ADULT MARTIAL ARTS

Enhance your fitness, confidence, and well-being in a friendly, non-intimidating setting. Improve strength, flexibility, and endurance while learning effective self-defense skills. Our supportive instruction for ages 16+ helps build confidence, reduce stress, and enhance overall well-being to help you thrive. Instructor: Tiger Rock.

Tue, Apr 14 – May 26, 7:30-8:15 pm, Tiger Rock Martial Arts Cost: \$78; discounted resident rate: \$60

# **BALLROOM DANCING FUN - Beginners**

Learn some of the popular dances for a lifetime of enjoyment. Partners are preferred, but not required. "Dancing is the ultimate exercise... cleverly disguised as fun." All classes are 6:30-7:30 pm and held at Ballroom Break.

A. Mon, Jan 19 – Feb 23 (six-weeks)

Cost: \$138; discounted resident rate: \$106 per person

**B. Swing & Hustle** Mon, Mar 9 - 30 **C. Rumba & ChaCha** Mon, Apr 6 - 27

**D. FoxTrot & Waltz** Mon, May 4 – Jun 1 (no 5/25) Cost: \$101; discounted resident rate: \$78 per person

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# **ACTIVE WELLNESS**

# **BELLY DANCE**

**Level 1** – Beginners. Belly dance is a low impact, core strengthening work out that dates back thousands of years. No experience is needed, just wear comfy shoes, and bring a coin hip scarf, if you have one.

A. Mon, May 4 – Jun 8 (no 5/25), 5-6 pm, WS Senior Center

**Level 2** – Intermediate. For students with belly dance experience. Performance opportunities included in this class. Work on different styles of choreography including Folkloric, Traditional, Classical, and Fusion. Instructor: June Minaya.

**B.** Mon, Mar 16 – Apr 13, 5-6 pm, West Shore Senior Center Cost: \$48; discounted resident rate: \$37

# BODY TONING\* – Wednesday Added!

An overall workout designed to target major and minor muscle groups. A creative, fun way to work on muscular endurance and strength training with a quick warm up followed by concentration on arms, legs, and abs. Please bring a towel, mat, water and handheld weights. Instructor: Renae Calhoun (Tues) & Melanie Bryant \* (Wed). \*see note page 5

Tue, 5:30-6:30 pm, West Shore Senior Center **A.** Jan 13 – Mar 10 **B.** Mar 24 – May 19

\*Wed, 5:30-6:30 pm, West Shore Senior Center

**C.** Jan 14 – Mar 11 **D.** Mar 18 – May 27 (no 4/22)

Cost: \$68; discounted resident rate: \$52

# BOOTY BARRE\*

Barre encompasses adding pilates and dance movements to your workout to lift your body. This is done using a chair and a mat. Small weights are also added for muscle strength and endurance. Please bring a mat and light weights. Instructor: Marisa Stipe. \*see note page 5

#### Traditional With Dance Moves:

Sat, 8:25-8:55 am, Lemoyne Borough - community rm **A.** Jan 10 – Mar 7 **B.** Mar 14 – May 9

Cost: \$56; discounted resident rate: \$43

Retro Conditioning: Includes working in reverse direction.

Tue, 7:15-7:45 pm, Lemoyne Borough - community rm **C.** Jan 13 – Mar 10 **D.** Mar 17 – May 12

Cost: \$56; discounted resident rate: \$43

# BOX (Bring On the eXtreme)\*

Session includes EXTREME workouts from all over the world with compound movements that engage all muscles in one go. The core movements will be intense, and your fitness journey will broaden each week. Bring a mat and 3-8 lb. hand weights. Instructor: Marisa Stipe. \*see note page 5

Wed. 6:45-8:00 pm. Lemoyne Borough - community rm

A. Jan 14 - Mar 11

Cost: \$68; discounted resident rate: \$52

**B.** Mar 18 – May 6

Cost: \$60; discounted resident rate: \$46

# CARDIO STEP

Simple to advanced aerobic choreographed routines on a Step incorporating multiple levels of cardio, then finishing with conditioning and toning of your core, abdominals, and upper body. Please bring a mat, water and light/medium hand weights. Instructor: Melanie Bryant & Renae Calhoun.

Mon, 5:30-6:30 pm, Fairview Twp Fire Station #1 **A.** Jan 12 – Mar 9 **B.** Mar 16 – May 11

Cost: \$68; discounted resident rate: \$52

# GUIDED FOREST BATHING

Step into the stillness of nature and awaken all of your senses to the beauty of the forest. Join Kim Little Hoover, Certified Mindful Outdoor Guide, for a slow walk that invites you to be present and mindful. Calm the mind, slow your heart rate and boost your mood. Connect with the Earth in real time, not screen time. Expect a centering of breath, gentle stretching, a slow guided walk and quiet time. Plus gather for herbal tea to close the experience.

Sun, 10:00-11:00 am, Lower Allen Comm. Park - Nature Trail

**A.** Feb. 8 **B.** Apr 19 **C.** May 17

Cost: \$13; discounted resident rate: \$10

# **LAPPIEST HOUR YOGA\***

A New year, a new you with gentle yoga designed to stretch and strengthen the body and relieve stress. Emphasis on building awareness of breath and body in a safe, non-competitive, welcoming environment. For beginner through intermediate. Bring a mat/towel, cover up & water bottle. Instructor: Angela Sheaffer. \*see note on page 5

Mon, 7:00-8:15 pm, Lemoyne Borough

Jan 12 - Feb 16

Cost: \$67; discounted resident rate: \$52

# **← HATHA FLOW YOGA & BALANCE\***

A balance of sustained poses (Hatha) and poses flowing in a mindful progression. Attention given to basic alignment & therapeutic principles. Observing breath and body (triputi) are an integral part of class. Bring a mat. Instructor: Marisa Stipe. \*see note on page 5

Sat, 9:10-9:40 am, Lemoyne Borough - community rm

**A.** Jan 10 – Mar 7

**B.** Mar 14 – May 9

Cost: \$56; discounted resident rate: \$43

Sun, 6:45-7:30 pm, Fairview Twp Fire Station #1

**C.** Jan 11 – Mar 8

**D.** Mar 15 – May 10

Cost: \$62: discounted resident rate: \$48

Wed, 11:00-11:45 am, Fairview Twp Fire Station #1

**E.** Jan 14 – Mar 11

Cost: \$62; discounted resident rate: \$48

F. Mar 18 - May 6

Cost: \$56; discounted resident rate: \$43



# **MAI TAI CHI**

Tai Chi is *that* martial art - you know the slow one (practice slow, do fast). The slow speed means it can be practiced by most folks. The high precision means it's a challenge for nearly everyone. Tai Chi reduces stress and tension while increasing strength, focus, and balance. And, here's the biggie, we actually like each other and have fun. New folks start with a basic bare hand form then progress through a curriculum that includes (5) bare hand forms as well as a fan, (2) sword, and (2) spear forms.

Each class features warm ups, fundamental exercises, Tai Chi forms, and Qigong breathing exercises. In addition to the regular weekly program there are theory discussions, Qigong forms, and a meditation as well as a party at the end and a few laughs along the way. (See above.) This class is great for ALL AGES. Class size is limited for First Time Participants. For more information about MAI and Tai Chi go to www.TC4ALL.com

Tue, Jan 13 - May 19 (no 2/17, 3/17, 4/21), WS Senior Center

First Time MAI Participant: 7-8 pm Returning MAI Participant: 7-8 pm

Cost: \$215; discounted resident rate: \$166

# MUSCLE PUMP\* - Thursday added!

Contains movements to music, working eight separate muscle groups using free weights, aerobic step and progressive overload. Participants choose weights based on the exercise and personal goals. Please bring challenging weights to class (light and heavier) and a mat. Instructor: Marisa Stipe\*.

## Cardio Pumping & Abs:

Sun, 5:45-6:30 pm, Fairview Twp Fire Station #1 **A.** Jan 11 – Mar 8 **B.** Mar 15 – May 10

Cost: \$62; discounted resident rate: \$48

#### Senior Pump:

Wed, 10:00-10:45 am, Fairview Twp Fire Station #1

**C.** Jan 14 – Mar 11

Cost: \$62; discounted resident rate: \$48

**D.** Mar 18 – May 6

Cost: \$56; discounted resident rate: \$43

#### All Levels:

Thur,  $6:00-6:45\ pm$ , Fairview Twp Fire Station #1

**E.** Jan 15 – Apr 2

Cost: \$83; discounted resident rate: \$64



# **ACTIVE WELLNESS**

# KICKBOXING & ABS\*

Cardio Kickboxing is a combination of aerobic & boxing. Program provides an intense, total body workout which aims to improve strength, aerobic fitness, speed, flexibility, coordination and balance. Bring a mat for fabulous abdominal routines. Instructor: Marisa Stipe. \*see note below

Tue, 5:15-6:00 pm, Lemoyne Borough - community rm

**A.** Jan 13 – Mar 10 **B.** Mar 17 – May 12

Cost: \$64; discounted resident rate: \$49

# SALSATONE\*

SalsaTone is for all levels incorporating basic aerobic movements and various styles of Latin American dance. If you prefer a little extra toning, bring a set of light weights. Instructor: Melanie Bryant. \*see note below

Fri, 5:30-6:30 pm, Fairview Twp Fire Station #1

**A.** Jan 9 – Mar 6 **B.** Mar 20 – May 22 (no 4/17)

Cost: \$65; discounted resident rate: \$50

# SENIOR CARDIO DANCE & ABS\*

Designed to improve the health and well-being of older adults 50+ through aerobic exercise, strength training, and balance activities. A different form of cardio will be introduced weekly, each low impact & easy to follow. Includes dance, Zumba & traditional aerobics with low intensity ab workouts. Bring a mat. Instructor: Marisa Stipe. \*see note below

Mon, 9:30-10:30 am, Fairview Twp Fire Station #1

**A.** Jan 12 – Mar 9

Cost: \$68: discounted resident rate: \$52

**B.** Mar 16 - May 11 (no 4/13)

Cost: \$60; discounted resident rate: \$46

# 🌜 ZUMBA STEP\* - *Zumba Re-invented!*

Step Aerobics performed Zumba style with a choreographed routine using an aerobic step. Bring a mat and light to medium hand weights for Zumba Strong. Instructor: Marisa Stipe. \*see note below

Mon, 7:35-8:35 pm, Fairview Twp Fire Station #1

A. Jan 12 - Mar 9

Cost: \$69; discounted resident rate: \$53

**B.** Mar 16 – May 11 (no 4/13)

Cost: \$61; discounted resident rate: \$47

\*All activities instructed by Marisa Stipe, Angela Sheaffer and Melanie Bryant will move to an online streaming format if any reason comes up that the class can't be held "in-person". Marisa uses Facebook LIVE while Angela will use Zoom. The Body Toning and Salsa Toning taught by Melanie Bryant will use Zoom if it can't be held "in-person".

# **HEATH INSURANCE SOLUTIONS, LLC**





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# **EXAMPLE 2018 EXAMPLE 2018 EXAMP**

Incorporates weighted toning sticks to the Zumba workout used almost like maracas. Toning sticks function like dumbbells to act as resistance. Bring a mat, but toning sticks are provided. Instructor: Marisa Stipe. \*see note below

Thur, 5-5:45 pm, Fairview Twp Fire Station #1

**A.** Jan 15 – Mar 12

Cost: \$66; discounted resident rate: \$51

**B.** Mar 19 – May 7

Cost: \$59; discounted resident rate: \$45

# PILATES\* - Monday morning added!

Pilates works core muscles including the abdominals, back and buttocks. Exercises lengthen your muscles and help you develop balance, proper alignment, and flexibility. *Includes mat pilates, standing pilates, circular pilates, magic circle, marble work and gyrotonics*. Bring a mat. Instructor: Marisa Stipe. \*see note below

#### **All-Levels:**

Sat, 7:30-8:15 am, Lemoyne Borough - community rm

**A.** Jan 10 – Mar 7

**B.** Mar 14 – May 9

Cost: \$68; discounted resident rate: \$52

#### **All-Levels:**

Mon, 8:45-9:15 am, Fairview Twp Fire Station #1

**C.** Jan 12 – Mar 9

Cost: \$56; discounted resident rate: \$43

**D.** Mar 16 – May 11 (no 4/13)

Cost: \$49; discounted resident rate: \$38

#### **All-Levels:**

Mon, 6:45-7:30 pm, Fairview Twp Fire Station #1

**E.** Jan 12 – Mar 9

Cost: \$68; discounted resident rate: \$52

**F.** Mar 16 – May 11 (no 4/13)

Cost: \$60; discounted resident rate: \$46

#### Int/Adv:

Tue, 6:15-7:00 pm, Lemoyne Borough - community rm

**G.** Jan 13 – Mar 10

H. Mar 17 - May 12

Cost: \$68; discounted resident rate: \$52

#### **LOCATIONS**

Lemoyne Borough - community room - 510 Herman Ave
West Shore Senior Center - 122 Geary Ave, New Cumberland
Fairview Twp Fire Station #1 - 340 Lewisberry Rd, New Cumberland
Ballroom Break - 100A Catherine Ct, Lewisberry
Tiger Rock Martial Arts - 3300 Hartzdale Dr, Camp Hill
Lower Allen Comm Park - 4075 Lisburn Rd, Lisburn
Fishing Creek ES - 510 Fishing Creek Rd Rd, Lewisberry
Total Equine Learning Center - 1206 S Market St, Mechanicsburg

# **CAMPS**

## PLAYZONE SUMMER DAY CAMP

We anticipate PlayZone being held June 8 – July 31 at Highland ES. Registration will begin mid to late March. If enrolled in PlayZone during the past three summers, you'll automatically receive the registration info e-mail. Otherwise, please sign up to receive the 2026 info via e-mail by giving us a call or going online to sign up for the "PlayZone Interest List 2026". Visit our website to view additional PlayZone info and past info from 2025 on the Camps page. Staffing levels & enrollment will determine the structure: **Primary Zone** for ages K-8 (completed kindergarten) and **Secondary Zone** for ages 9-12.

#### SUMMER BLAST

Get ready for classic playground fun and exciting new challenges! Children entering grades 1–6 (who have completed kindergarten) will enjoy active games and outdoor adventures with friends. Play favorites like dodgeball, kick the can, nok-hockey, and capture the flag—plus discover a few games you've never tried before! It's all about fresh air, teamwork, and nonstop fun! **Registration will be available in the summer brochure.** 

Mon - Fri, 9 am-12 pm, June 15 - July 31

Roof Park – Fairview Township

# **SUMMER JOBS**

See opportunities listed on page 2.

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# **ENRICHMENT**

Please visit our website (westshorerec.org) and click on the ActiveNet link for more information on each activity.

#### **FAMILY AND MULTI-AGE ACTIVITIES**

# **NEW AKC STAR PUPPY**

Start your puppy (10 weeks-1 year) off on the right paw with our AKC STAR Puppy program! This engaging class helps young dogs and their families build a foundation in manners, confidence, and communication while working toward the AKC STAR Puppy distinction. The whole family is welcome to join in the fun, but an adult handler must be registered and present during class. Please bring a 6ft nylon or leather leash, a well-fitting collar, and treats or toy. Copy of up-to-date rabies, bordetella, and distemper vaccinations from a veterinarian is required (breeder paperwork cannot be accepted). Instructor: Maddi Bowen, Greenlin Pet Resorts

Thur, 6:30-7:30 pm

A. Jan 22 - Feb 26

**B.** Apr 16 - May 21

Greenlin Pet Resorts - 925 Linda Ln. Camp Hill

Cost: \$81; discounted resident rate: \$62

We appreciate the continued support from the Harrisburg Beagle Club.

### BEGINNER BONSAI WORKSHOP

Explore the Japanese art form known as bonsai. Join us for a beginner experience and learn the principles to create and care for a bonsai tree. Following a brief discussion of styles, design and care, you will select your tree, prune and then shape your very own masterpiece. Class includes tree, pot, wire, chopstick, care sheet, and a small pair of pruners. Instructor: Fat Cat Bonsai.

Sun, 8:30-11:30 am, LA Community Park

**A.** May 17 – Upper Pavilion **B.** Jun 28 – Fernlawn Pavilion

Cost: \$116; discounted resident rate: \$89

# PINCHOT PARK EXPERIENCES

Discover the gem in your own backvard! Pinchot Park's Beth Kepley-McNutt (EES) will instruct all activities. All enrolled children must be accompanied by a registered adult. Dress appropriately for the weather. Life vest will be provided and must be worn for boat/kavak activities. All boat/kavak activities will meet at Boat mooring area #2, near Pinchot Park Office (off of route 177)

Vernal Pool Discovery - Learn about the ecology and after a short walk, explore and discover the different types of critters that call these forest ponds home. A family-friendly program for ages 3 & up. Please wear sturdy shoes that you don't mind getting a little wet and muddy and bring a flashlight.

Fri, Apr 24, 7:00-8:00 pm

Meet at Campground office lot (East Camping Area Rd)

Cost: \$13; discounted resident rate: \$10

Morning Pontoon Boat Tour - Come out and soak up the beauty of spring at Pinchot Park with a 1.5-hour tour of our lake, taking in the sights and sounds, learning a little Pinchot Park history, and discovering the many types of critters that call our park home. For ages 6 and up; children must be accompanied by an adult. Life vests will be provided and must be worn. Cameras and binoculars recommended – you never know what we might see!

Fri, May 1, 10:00-11:30 am

Cost: \$13; discounted resident rate: \$10

Kayaking Experience II - Join us for a peaceful morning on Pinchot Lake, taking in the sights and sounds of nature getting ready for the day. Please bring a snack, plenty of water and shoes you do not mind getting wet. For ages 12 and up; children must be accompanied by an adult. Life vests will be provided and must be worn. Experience with kayaking is expected, as we will be out on the lake for a longer approx. 2 hour paddle, depending on weather and water conditions.

Fri, May 15, 9:00-11:00 am

Cost: \$13; discounted resident rate: \$10

Beginner Kayak - Learn the basics of kayaking and then take a short paddle (aprox. 45 mins) on Pinchot Lake! For ages 12 and up; children must be accompanied by an adult. Life vests will be provided and must be worn. Wear shoes you don't mind getting wet.

Sat, May 16, 1:30-3:00 pm

Cost: \$13: discounted resident rate: \$10

# ADULT CPR/AED RED CROSS CERTIFICATION

Adult CPR/AED certification for ages 14-up. Learn to recognize and provide care for breathing and cardiac emergencies involving adults. This certification is **NOT** for those in the healthcare profession. Instructor: Kathy Wulfers.

Tue, May 5, 6-9 pm, WS Rec Office at WSSD Admin Bldg.

Cost: \$83; discounted resident rate: \$64

#### **ACTIVITIES FOR ADULTS 18+**

# **NEW ARTIFICIAL INTELLIGENCE INTRO**

Artificial Intelligence (AI) is projected to rapidly change our daily lives in the next several years. Instead of ignoring it, come learn the basics of machine learning and real life applications of Al and use it to your advantage! We will spark your curiosity, develop critical thinking, and empower you with the skills to understand and create with Al. Participants must bring their own device (laptop or iPad preferred). Instructor: Athletes Global

Sat, Feb 28 - Mar 28, 9:00-10:30 am, Fairview Twp Fire Station #1 Cost: \$101; discounted resident rate: \$78

# NEW CHATGPT BASICS

Learn how to use ChatGPT to enhance your writing abilities, unleash your creativity, improve digital literacy and so much more! We'll start with how it works (accessing ChatGPT) and then review prompting basics (types of and crafting effective prompts) to extract the most relevant and precise information. Practical applications, safety, ethics and much more will be covered. Participants must bring their own device (laptop or iPad preferred). Instructor: Athletes Global

Sat, Feb 28 - Mar 28, 10:45 am-12:15 pm, Fairview Twp Fire Station #1 Cost: \$101: discounted resident rate: \$78

# INTRO TO BEEKEEPING

Do you have a vegetable garden, orchard, or do you enjoy planting? Raising your own honeybees can increase your yield 10-fold! Join Cornell Master Beekeeper, Tiffany Ayres, to learn the principles of honeybee biology, safety, nutrition and communication. Become a successful "newbee" beekeeper!

Thur, Apr 9 - May 7, 6:30-8:30 pm, Fairview Twp Fire Station #1 Cost: \$225: discounted resident rate: \$173

## PAINTING WORKSHOPS

Join artist, June Minaya for painting fun! No experience necessary and supplies included. Use acrylic paint to create deep shadows and bold highlights in paintings, learn paint brush usage and techniques to create the desired effect. Each painting begins with a light charcoal sketch on 11" x 14" stretched canvas (or canvas board). Bring a reference picture to paint from (calendar picture, brochure, printed picture, or digital image from an electronic device). Held at West Shore Senior Center.

**A.** Mon, Jan 26 – Feb 9, 3:30-5:00 pm

**B.** Fri, Mar 6 - 20, 3:30-5:00 pm

C. Fri, Apr 10 - 24, 6:30-8:00 pm

**D.** Fri, May 8 - 22, 3:30-5:00 pm

Cost: \$83; discounted resident rate: \$64

# MEDICARE 101 EDUCATIONAL SEMINAR

Whether you are new to Medicare, or have been on Medicare for years, understanding Medicare can be overwhelming! If you're seeking information for yourself or helping a family member navigate Medicare's complexities, we are here to help. Instructor: Liz Heath, Heath Insurance Solutions, LLC. Held at West Shore Senior Center.

A. Mon, Feb 23, 6-8 pm **B.** Wed, Mar 25, 3-5 pm Cost: FREE (pre-registration is required and is also limited)

# REGISTRATION BEGINS **JANUARY 5TH**

# **ENRICHMENT**

## **YOUTH ACTIVITIES**

# YOUTH ART FUN

Join local artist and instructor Allison Juliana for one of our fun and creative classes! All supplies are included.

Ages 4-6: 5:15-6:00 pm

A. Wed, Jan 21 - Feb 18, Hillside ES - art rm

B. Wed, Mar 4 - Apr 1, Red Mill ES - art rm

C. Wed, Apr 15 - May 13, Washington Heights ES - art rm

Cost: \$64; discounted resident rate: \$49

Grades 2-4: 3:40-4:50 pm

D. Tue, Jan 20 - Feb 17, Rossmoyne ES - art rm

E. Wed, Jan 21 - Feb 18, Hillside ES - art rm

F. Tue, Mar 3 - 31, Fishing Creek ES - art rm

G. Wed, Mar 4 – Apr 1, Red Mill ES – art rm

H. Wed, Apr 15 - May 13, Washington Heights ES - art rm

Cost: \$104; discounted resident rate: \$80

**Grades 5-6:** 3:10-4:25 pm

**I.** Tue, Apr 14 – May 12, Old Trail IS – art rm Cost: \$104; discounted resident rate: \$80

Ages 6-10: 9:30-10:30 am

J. Sat, Jan 17 - Feb 7, Fairview IS - art rm

K. Sat. Feb 21 - Mar 14. Rossmovne ES - art rm

L. Sat, Mar 28 - Apr 18, Highland ES - art rm

Cost: \$79; discounted resident rate: \$61

# N₽W YOUTH THEATRE & ACTING

Students in grades 3-5 will discover, explore and develop the artist within! Our focus will be on voice, acting, stage presence, creativity, singing and dancing and cold script reading skills while learning creative dramatics. The last class ends with a short play as our grand finale where we encourage parents and peers to attend! Instructor: Athletes Global Staff.

Sat, Feb 21 – Mar 14, 9:00 am-10:30 am, Highland Elem. - cafeteria Cost: \$81; discounted resident rate: \$62

# **LIVE OF THE PROOF A COMEDY FOR KIDS**

Do you have a budding comedian in the family or someone that is creative and enjoys making others laugh? Ages 9-12 will learn the foundations of improv and hone their skills to create unique and hilarious story lines. We will also cover the importance of writing jokes, timing, self-confidence, physical comedy and much more. We will end with a comedy show to showcase what our students have learned. Instructor: Athletes Global Staff.

Sat, Feb 21 – Mar 14, 10:45 am-12:15 pm, Highland Elem. - cafeteria Cost: \$81; discounted resident rate: \$62

# SNAPOLOGY STEAM CLUBS (Elementary)

Get ready to think, build, and create like a real engineer! In Snapology's Everyday Engineers program, students in grades 1–4 will take on exciting hands-on engineering challenges that spark curiosity and creativity. Some lessons guide students through building specific models while exploring fun concepts in engineering and physics. In most sessions, students will design and build their own creations to meet unique challenge goals—testing their teamwork, problem-solving, and STEAM skills along the way. Opportunities for free building, where their imagination can truly shine, will be provided throughout.

Fishing Creek Elementary - library Mon, 3:40-5:00 pm, Feb 2 – Mar 9 (no 2/16) Highland Elementary – library

Tues, 3:40-5:00 pm, Feb 10 – Mar 10

**Red Mill Elementary** – library Wed, 3:40-5:00 pm, Feb 11 – Mar 11

Newberry Elementary – library

Wed, 3:40-5:00 pm, Feb 11 – Mar 11 **Hillside Elementary** – library

Thur, 3:40-5:00 pm, Feb 19 – Mar 19 **Rossmoyne Elementary** – art room

Thur, 3:40-5:00 pm, Feb 19 – Mar 19 Cost: \$156; discounted resident rate: \$120



# STEAM CLUBS (Intermediate/Middle) with SNAPOLOGY

In Snapology's Robot Sport Challenge program, students will build and program robots to compete in sports- themed challenges! Your child will expand their engineering skills by designing and experimenting with robotic attachments and refine their computer programming abilities by creating program codes that make their bots run races, play hockey, and so much more. Students will work in groups and use LEGO® SPIKE<sup>TM</sup> Prime technology to complete these exciting challenges.

Fairview Intermediate School – library/learning commons

Mon, 3:10-5:00 pm, Feb 2 - Mar 9 (no 2/16)

Old Trail Intermediate School – library/learning commons

Tues, 3:10-5:00 pm, Feb 24 - Mar 24

**Crossroads Middle School** – room 115

Thurs, 2:40-5:00 pm, Feb 19 – Mar 19

Cost: \$156; discounted resident rate: \$120

# 

Guided by Snapology coaches, students work using LEGO® elements and moving parts to build ideas and concepts. Working as a team, children work to complete the "Unearthed" themed 2026 season building challenges. Participants "show off" their accomplishments to family and friends on the final day pizza party.

Hillside Elementary - library

Mon, 3:40-5:45 pm, Mar 30 - May 4

Red Mill Elementary - library

Tues, 3:40-5:45 pm, Mar 24 - Apr 21

Highland and Washington Heights Elementary - library

Thur, 3:40-5:45 pm, Mar 26 – Apr 30 (no 4/2) Cost: \$194: discounted resident rate: \$149

# **← FIRST® LEGO® LEAGUE CHALLENGE with SNAPOLOGY**

FIRST® Lego® League (FLL) is designed to get children in grades 5-8 excited about science and technology and teach them valuable employment and life skills. Guided by Snapology coaches, participants build, test, and program an autonomous robot using LEGO® SPIKE<sup>TM</sup> Prime components to solve a set of missions on an obstacle course in "Unearthed" themed 2026 season. Participants 'show off ' their accomplishments to family and friends on the final day pizza party.

Fairview Intermediate – library/learning commons

Mon, 3:10-5:45 pm, Mar 30 - May 4 (no 4/6)

Old Trail Intermediate - library/learning commons

Tue, 3:10-5:45 pm, Mar 31 - Apr 28

**Crossroads Middle** – room 115

Wed, 2:40-5:00 pm, Mar 25 – Apr 22 Cost: \$245; discounted resident rate: \$189

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# **SNAPOLOGY SCHOLARSHIPS**Visit bit.ly/snapologyscholarships

for more information and to apply.



# **CANCELLED ACTIVITIES?**

Too often quality activities and trips are cancelled because too many people wait until the last minute to register. Almost every activity has a minimum number of enrollees needed to cover the expenses or to make it enjoyable (think team sports). If you see an activity you like, don't hesitate to sign up to recreate!

# **ENRICHMENT**

# N□W MINI FIGURE MANIA with SNAPOLOGY

Get ready to dive into a world of imagination and creativity! In this class, we'll open our secret stash of mini-figures—featuring everything from movie characters to sea creatures to SpongeBob himself! Students in grades K-4 will "shrink" down to mini-figure size and design their very own mini-figure worlds filled with adventure and storytelling fun. Along the way, students will build important academic skills as they practice story and character development through engaging group discussions and creative presentations. Parents are welcome to stay and build with their child.

Saturdays, 10:00 am - 2:00 pm

A. Mar 21. Highland Elementary - library

B. Mar 28, Rossmoyne Elementary – cafeteria

Cost: \$57; discounted resident rate: \$44

# BABYSITTER'S TRAINING (updated course material)

Prepare to be a safe, confident, and capable babysitter! This newly revised American Red Cross course helps youth ages 11-16 develop the skills they need to care for infants and children responsibly. Through hands-on activities, interactive videos, and group discussions, students will learn essential babysitting techniques, including feeding, diapering, holding, and comforting children. The course also covers important topics such as child safety, emergency response, and basic caregiving responsibilities. Bring a packed lunch. Certified Instructor: Maggie Curtis.

Sat, Apr 18, 9:00 am - 3:00 pm, Fairview Twp Fire Station #1 Cost: \$97; discounted resident rate: \$75

# **SPORTS**

## **YOUTH ACTIVITIES**

# **SPRING YOUTH TENNIS**

Learn basic tennis skills and have fun playing tennis related games. Bring a racquet and water. All lessons instructed by Central Penn Tennis Instructors. Instructor will contact you directly via telephone in the event of weather related cancellations.

Sat, Apr 11 - May 2, Roof Park (FV Twp)

**A. Ages 5-7:** 9:15-10:00 am

Cost: \$34; discounted resident rate: \$26

B. Ages 8-12 (Beg): 10:00-11:00 am

C. Ages 9-16 (Adv. Beg): 11:00 am-12:00 pm

Cost: \$43: discounted resident rate: \$33

Sun, Apr 12 - May 3, Red Land HS

**D. Ages 5-7:** 1:15-2:00 pm

Cost: \$34; discounted resident rate: \$26

E. Ages 8-12 (Beg): 2:00-3:00 pm

F. Ages 9-16 (Adv. Beg): 3:00-4:00 pm

Cost: \$43; discounted resident rate: \$33

# • PICKLEBALL CLINIC

Get in on the fun! Pickleball combines elements of tennis, badminton and ping pong into a paddle sport. It is easy to learn, and for all skill levels with simple rules and minimal equipment. Ages 15 & up. Bring a paddle and water. Instructor: Tony Cooper. Instructor will contact you directly via telephone in the event of weather related cancellations.

**A.** Sat, Apr 11 – May 2, 8-9 am, Roof Park

**B.** Wed, May 6 - 27, 9-10 am, Roof Park

**C.** Wed, May 6 - 27, 6:30-7:30 pm, Negley Park Cost: \$43: discounted resident rate: \$33

# 

Chilly outside? No problem! We literally have you covered with this indoor golf instruction & practice option. Work on full-swing, pitching, chipping and putting on golf simulators. Clubs available to borrow during sessions if needed. Get a jump on spring golf before you get outside to swing. Instructor: White Rose Golf & Training Center Pros.

White Rose Golf & Training Center - 4510 Paxton St, Harrisburg

**A.** Tues, Jan 27 – Feb 17, 6-7 pm

**B.** Tues, Mar 3 – 24, 6-7 pm

Cost: \$104: discounted resident rate: \$80

#### SOCCER SHOTS

The Soccer Shots Winter League is designed specifically for K-2nd graders (ages 5-8) who are looking for an age-appropriate introduction to league-style play! Our Winter League includes 10 minutes of instruction and warm-up followed by a 40-minute guided game. Enroll: https://www.ss-harrisburgyork. soccershots.com/page/class-registration or scan the QR code below.

#### Indoor Winter League (Ages 5-8/K-2<sup>nd</sup>):

Wednesday evenings, January 14 - March 4

Highland Elem. School - gymnasium

Soccer Shots is an engaging children's soccer program for children ages 2 to 8 years old. Join the best coaches in the business for age-appropriate soccer skills, character building, and fun!

#### **Outdoor Spring Season for ages 2-8:**

Tuesday evenings, March 24 – May 12

Highland Elementary School - grass area near playground



# **SCAN TO** REGISTER FOR **SOCCER SHOTS**



# **ACTIVITIES FOR ADULTS 18+**

# HIGH SCHOOL & ADULT TENNIS

Beginner players can learn and develop the strokes, strategies, and rules of this fun lifetime sport. Ages 15 & up. Bring a racquet and water. Instructor: Central Penn Tennis. Instructor will contact you directly via telephone in the event of weather related cancellations.

Sun, Apr 12 - May 3, 12-1 pm Red Land HS – tennis courts

Cost: \$43; discounted resident rate: \$33

# ADULT GOLF LESSONS

Whether you're a beginner or intermediate, there is always a lot to learn with golf. Receive professional instruction on putting, chipping and the full-swing. No clubs...no problem! VGGC has some you can borrow for use during the lessons. Indicate appropriately during registration, right or left handed. Please read important additional class details at wsrec.org, Instructor: White Rose Golf & Training Center Pros.

Wednesdays at Valley Green Golf Course

A. Wed, Mar 25 - Apr 22, 6-7 pm

**B.** Wed, Apr 29 - May 27, 6-7 pm

Cost: \$123; discounted resident rate: \$95

## MEN'S BASKETBALL

Enjoy evenings of informal competition for fun and exercise. Teams formed on a weekly basis.

# **New Cumberland Middle School**

**A.**Wed, Jan 14 – Apr 1, 7:30-9:30 pm (12 weeks) Cost: \$66; discounted resident rate: \$51

Plus WSSD facility use fee: \$33/person

**B.** Wed, Apr 15 – May 13 (5 weeks)

Cost: \$29; discounted resident rate: \$22

Plus WSSD facility use fee: \$16/person



# **REGISTRATION BEGINS JANUARY 5TH**

# **AQUATICS**

Aquatic programs are held at the Natatorium inside Red Land High School.

## FAMILY AND MULTI-AGE ACTIVITIES

#### **REC SWIM**

Pay at the door or save 23% with a Rec Swim Punch Card. Punch Cards never expire and can be used for the whole family.

Win/Spr Rec Swim: Sundays, February 1 - May 17\*, 2-5 pm Lap Swim Only: Mon & Wed, March 2 - May 20, 7-8 pm

**Admission Options:** 

A. Pay As You Go: Weekend - \$5; Weeknight - \$2 B. Punch Card: \$26; discounted resident rate: \$20

\*Please note - No Rec Swim on Apr 5. Other dates are subject to change for any reason. If Rec Swim is cancelled, a message will be recorded on our phone system up to 1 hour before the program. Call 717-920-9515 and press 3 before traveling to the pool.

# WHEE SWIM

Our instructor will help you and your child feel comfortable and safe in the water while practicing movements to prepare him or her for swimming strokes. Brush up on your nursery rhymes and join some friends in the pool! One parent/quardian in the water is necessary...two are welcome! Swim diapers required. Instructor: Sarah Canulli.

Sun, Feb 1 - Mar 15 (no 2/22) A. 6-18 months: 5:00-5:30 pm B. Age 1: 5:30-6:00 pm C. Age 2: 6:00-6:30 pm D. Age 3-4: 6:30-7:00 pm E. Age 3-4:



Cost: \$73; discounted resident rate: \$56



# **YOUTH ACTIVITIES**

# WATER OTTERS

Designed for children 4 years old to explore their water readiness prior to enrolling in Level 1 at age 5. Children must be able to engage in a small group without parental assistance.

Tue & Thur, 6:00-6:35 pm

**A.** March 3-26

**B.** April 7-30

C. May 5-28

Cost: \$78; discounted resident rate: \$60

# **YOUTH SWIM LESSONS**

Ages 5-15 years will learn water safety and enhance their water enjoyment. progressing from level 1 to 6 in the Red Cross water safety program. **Enroll** in one section only until March 27. Child must pass the current level before enrolling in the next.

Tue & Thur, March 3-26 Tue & Thur, May 5-28 A. Lev. 1 6:00-6:35 pm **G.** Lev.1 6:00-6:35 pm **B.** Lev. 1, 2 6:40-7:15 pm **H.** Lev. 1, 2 6:40-7:15 pm **C.** Lev. 2, 3 7:20-7:55 pm **I.** Lev. 3, 5, 6 7:20-7:55 pm

Tue & Thur, April 7-30 6:00-6:35 pm **D.** Lev. 1 **E.** Lev. 1, 2 6:40-7:15 pm **F.** Lev. 3, 4 7:20-7:55 pm

Cost: \$78; discounted resident rate: \$60

## **ACTIVITIES FOR ADULTS 16+**

# ADULT SWIM LESSONS

Join this small group setting with other adults where you will learn to become comfortable in the water. For those ready for the next level, we will introduce floating techniques and basic strokes. Instructor: Nichole Ryan

Tue, Mar 3-31, 8:00-8:45 pm

Cost: \$103; discounted resident rate: \$79

# AQUAFIT

Start in the deep and end in the shallow. Get a full body workout with intervals, circuit training (stations), core strengthening and everything in between. You must be comfortable in the deep water and wear a flotation belt. Instructor: Nancy Fink.

Sun, 1-2 pm, Jan 11 – May 17 (no 4/5) Cost: \$123: discounted resident rate: \$95

# AQUACISE

Challenge your cardio fitness, tone your muscles and increase your core strength with this shallow water class through exercises and resistance equipment. Tell a friend to sign up and enjoy this exercise experience together! Instructor: Nancy Fink.

**A.** Mon & Wed, Mar 2 – Apr 1, 7-8 pm Cost: \$72; discounted resident rate: \$55 **B.** Mon & Wed. Apr 6 – May 20, 7-8 pm Cost: \$99 discounted resident rate: \$77

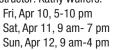
# HYDRO HIKE

Toning, flexibility, strength building, cardio challenging all done in the deep water while wearing a flotation belt. All participants must be comfortable in the deep water. Instructor Nancy Fink

A. Mon & Wed, Mar 2 - Apr 1, 8-9 pm Cost: \$72; discounted resident rate: \$55 **B.** Mon & Wed, Apr 6 – May 20, 8-9 pm Cost: \$99 discounted resident rate: \$77

# LIFEGUARD CERTIFICATION

Become an American Red Cross certified pool lifeguard. You must be at least 15 years old and pass the mandatory pre-requisite swim test on the first day of class. More information listed on our website at wsrec.org/aquatics. Anyone who fails the swim test will receive a 50% refund. Instructor: Kathy Wulfers.



Cost: \$359; discounted resident rate: \$276



# LIFEGUARD REVIEW

Only individuals with a Lifequarding certificate 30 days or less beyond the expiration date may participate in a review course. You must pass the mandatory pre-requisite swim test on the first day of class. More information listed at wsrec.org/aquatics. Anyone who fails the swim test will receive a 50% refund. Instructor: Kathy Wulfers.

Sat, Apr 25, 9:00 am - 7:00 pm Cost: \$188; discounted resident rate: \$145

# DO YOU HAVE A **NEW ACTIVITY IDEA?**

If you have an idea for a new program you would like to see offered or would like to teach, call West Shore Rec at 920-9515. Instructors interested in teaching will receive a course description form.



Winter-Spring 2026 9 www.westshorerec.org

# **TRIPS**

Please visit our website (westshorerec.org) for additional details on any of the trips listed below.

# PHILADELPHIA FLOWER SHOW

Get ready to dig deep into the beauty and essence of nature at the 2026 show "Rooted: Origins of American Gardening".

- **A.** Sun, March 1 depart 8:30 am (CH), Cost: \$140
- B. Wed, March 4 depart 8:30 am (CH), Cost \$133



# CHERRY BLOSSOM CRUISE

Board the Odyssey to observe the stunning pale pink and white cherry blossoms. Relax and enjoy a tantalizing meal coupled with entertainment. Following your cruise, board the motorcoach for a narrated D.C. monument tour. Cost: \$216

- A. Wed, March 25 depart 6:30 am (CH) or 7:45 am (Y)
- **B.** Mon. March 30 depart 6:30 am (CH)
- C. Thur, April 2 depart 6:30 am (CH)

# NEW YORK CITY ON YOUR OWN

New York City... the biggest decision you will have is where to start! NYC offers a wide variety of world-class sightseeing, dining and shopping opportunities for you to experience and explore. Cost: \$99

- A. Sat, March 14 depart 7:00 am (CH)
- B. Sat, May 23 depart 7:00 am (CH)
- **C.** Sat, Sept 5 depart 7:00 am (CH)
- **D.** Sat, Nov 28 depart 7:00 am (CH) or 7:15 am (Y)
- E. Sat, Dec 19 depart 7:00 am (CH)

# FORREST'S SOUTHERN GUMPTION ADVENTURE

Take a nostalgic journey inspired by the film Forest Gump to see real-life locations from some of the movie's most iconic moments. Explore Beaufort, SC & Savannah, GA. Highlights include driving tour of film sites, storytelaling by Forrest & Jenny, trolley tour of Savannah, horse-drawn carriage ride in Beaufort, a dolphin cruise, tour Wormsloe and McLeod Plantations and more! (less than 65 days – no refund)

Mon-Sat, May 11-16, depart 6:30 am (CH) or 5:45 am (Y) Cost: \$2,599 (S), \$2,199 (D), \$2,079 (T), \$2,008 (Q)

# NEW NIAGARA CULINARY & WINERY

Journey to Niagara Falls, NY for a delightful stay near the falls. Experience the thundering roar of the falls with a cruise on the Maid of the Mist. Delight in a chef demo and dinner at the Niagara Culinary Institute, visit a local winery for a tour and tasting, and explore the Herschell Carousel Factory Museum and Niagara Power Vista.

Wed-Sat, May 13-16, depart 7:30 am (CH) or 7:15 am (Y) Cost: \$1,267 (S), \$1,033 (D), \$969 (T), \$938 (Q)

# BLUE ANGELS AIR SHOW - ANNAPOLIS

Two-Hour Boat Cruise While Viewing the Blue Angels Air Show. Free-time in Annapolis.

Wed, May 20, depart 7:30am (CH) or 9 am (Y) Cost: \$202

# NEW HAPPY 100TH ANDY GRIFFITH

Relive the days of Sheriff Andy (Taylor) Griffith with this trip to "Mayberry", his hometown of Mount Airy, NC. Enjoy a driving tour to see iconic sights including Floyd's Barber Shop, Mayberry Courthouse and Snappy's Lunch. Visit the Andy Griffith Museum & Playhouse, tour the Birthplace of Country Museum, and



enjoy an evening of comedy entertainment with John Floyd: The Mouth of Mayberry, and more!

Wed-Fri, May 27-29, depart 6:45 am (CH) or 6:00 am (Y) Cost: \$1,136 (S), \$911 (D), \$836 (T), \$787 (Q)

# **OTHER 2026 TOURS INCLUDE:**

Washington Zoo/Smithsonian
Norfolk Harborfest & Tall Ships
Black & Gold City of Champions
Lake Raystown & Railroad
Football Greats & Rock N Roll
Mountains, Music & Moonshine
Potomac Eagle
Christmas at Longwood Gardens
Dickens Christmas Festival
Cape May Christmas Celebration
Mifflinburg Christkindl Market

Check our website for details as they become available.

# TRIP INFORMATION

- ♦ West Shore Recreation partners with Wolf's Bus Lines to offer more trip destinations without needing to fill an entire bus. Group will be combined with passengers from several other pick up locations. Pick up and drop off will be at the Sportsman's Warehouse parking lot (Capital City Mall, 3500 Capital City Mall Drive, Camp Hill, PA) and/or the Four Points Sheraton (1650 Toronita St, York, PA). All tours escorted by Wolf's staff.
- ◆ Wolf's uses modern motor coaches equipped with restrooms and air conditioning. In consideration of others, smoking and alcoholic beverages are not permitted. The gratuity for the bus driver/escort is not included in the price listed. Please note the right front seats are reserved for the trip escort.
- ◆ **Help us out!** Please register early for bus trips! We must reach a minimum of participants at least 30 days prior to departure.
- Price is per person. Payment in full is required for all single-day trips. All multi-day trips require a \$50 deposit per person with the remaining balance due 45 days prior to the trip departure date. Without payment in full by due date, deposits will be forfeited and reservation cancelled.
- ♦ If you must cancel from a trip, notify West Shore Rec at least 45 days before a trip to receive a refund (unless stated otherwise). All trip refunds are subject to a \$10 per person administrative fee.
- ◆ If you are interested in trip insurance or Wolf's "Pack Plan", please let us know and we will put you in contact with a Wolf's representative.

# REGISTER ONLINE

You're first in line when you register online! Create your ActiveNet account and register at your leisure for most activities. It's quick and easy and available 24 hours a day.

## Is Online Registration For Me?

Online registration may be the ideal method for you if:

- you cannot call during office hours.
- the desired program fills quickly.
- you're out of town during the busy registration time.
- you would like an instant confirmation of your registration.
- you don't mind paying a convenience fee (8.9% plus \$0.61)
- or you just enjoy using your computer.

Go to <u>www.activenet.active.com/westshorerec</u> for more details. There is no additional fee to register by telephone, in person or by mail.

# PLEASE REGISTER EARLY!

Residents of participating municipalities may register January 5th Members of non-participating communities may sign up beginning January 12th. If a class does not have a sufficient number of participants registered one day prior to the beginning of the class, it will be cancelled, unless stated otherwise.

# **EASY WAYS TO REGISTER**

ONLINE www.westshorerec.org or

http://apm.activecommunities.com/westshorerec

WALK IN Office Hours: Monday - Friday, 8:30 am - 4:30 pm

**DROP BOX** WSSD ACE Building – front right pillar

PHONE 717-920-9515 with MasterCard, Visa, Discover

or AmEx

MAIL IN West Shore Recreation, P.O. Box 413, Lewisberry, PA 17339

#### TO MAIL IN OR DROP OFF

#### 1. Complete The Registration Form

Be sure all information is correct and all telephone numbers are included in the event we need to contact you about the activity. Include additional persons for the same activity from the same household on one form.

# 2. Enclose Payment

A personal check may be used for the activity and made payable to West Shore Recreation. If using a credit card, provide the number, CSV code (on back of card), expiration date and a signature. Cash is accepted at the office.

#### 3. Mail In or Drop Off

Use the mailing address above. Service for after hours: A drop box is located outside the front entrance of the WSSD ACE building, behind the right pillar.

## **CONFIRMATIONS**

Once you sign up it is your responsibility to attend the activity. No confirmations will be sent unless you wish to provide a self-addressed, stamped envelope or an e-mail address.

# PROGRAM INFORMATION

- All program dates are subject to change.
- Age A participant must be the proper age by the start or by the end of the program. All age requirements are set to benefit the participant and make instruction more consistent for the program leader. In some instances, the requirements have been set for the participant's safety.
- Participants must provide their own medical insurance.
- The discounted price listed in the brochure is for residents of participating communities. The first price is for all others.
- Any person with a disability needing special accommodations to participate should contact the rec office two weeks prior to the activity.

# CREATE YOUR OWN ACCOUNT AND REGISTER ONLINE!

Don't forget, ActiveNet gives more options to you! This web-based software allows you to:

- view activities with real-time information such as spaces available and other details,
- · create and update your own account,
- view your (and your family's) participation calendar and history,
- access a custom listing of the dates of your activity,
- enroll online, including adding your name to a waiting list.

Please be aware that a convenience fee (8.9% + \$0.61) is added to online enrollments, except for additions to a waiting list.

Find out how easy it is to create your account and register online. Get started at www.westshorerec.org.

# Remember, Registration begins January 5th. Enroll Early! SECTIONS = A, B, C, D, E, etc. • LEVELS = 1, 2, 3, I, II, etc.

# **REGISTRATION FORM**

	Section or	
Activity	_ Level	Fee
Time Location		
Activity Starting Date		
1) Participant Name		gender *
2) Additional Name		gender *
Street Address		
City		
Borough or township*		
Phone: Home* Work		Cell
E-Mail Address		
Date(s) of Birth* 1)	2)	
Parent or Guardian		
Parent Birthdate (to create account)		
Credit Card No.		
Exp. Date Co		
Signature		

( \* - required information) • please write legibly!



# OTHER INFORMATION

# **REFUND POLICY**

A refund for any multi-session program will gladly be issued for any reason as long as you contact the office prior to the second class unless stated otherwise. After the second class, no refund will be given. A \$5 administrative fee will be deducted from the refund. Refunds for one-day activities are not possible after the event has taken place. Call during office hours; e-mail requests will not be accepted. All trip refunds are subject to a \$10 per person administrative fee.

## **CANCELLATIONS**

- West Shore Rec reserves the right to cancel any program due to insufficient registration. A full refund will be given. Online convenience fees will be refunded as a credit on account for future enrollments.
- CANCELLATIONS FOR TRIPS HAVE DIFFERENT REQUIREMENTS, PLEASE REFER TO TRIP INFORMATION BOX ON THE TRIPS PAGE.
- Inclement weather cancellations may prompt the rec office to cancel a program. If possible the session will be made up at another date. If in doubt call the office after 4:00 pm.

#### RETURNED CHECKS

Any checks returned for insufficient funds will be assessed an additional amount of \$20 for each check.

## PARTICIPATION LIABILITY

By voluntarily enrolling in any activity offered by the Commission, each individual (or the parent/guardian) agrees that West Shore Recreation Commission and its partners assume no responsibility for accident or injury sustained while participating in the activity. Each participant agrees to provide his own medical coverage and take responsibility for participating only in those activities appropriate for his personal health status. A complete statement of liability is available at <a href="https://www.westshorerec.org">www.westshorerec.org</a> on the Information page.

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# West Shore Recreation Commission

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# **BOARD OF REPRESENTATIVES**

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# **ADMINISTRATIVE STAFF**

Eric Stauffer, CPRP • Recreation Manager

Todd Miller, CPRP • Senior Program Coordinator

Janell Winebrenner • Office Manager

Gretchen Greiner • Customer Service Representative

# FOLLOW WEST SHORE REC ON FACEBOOK!



facebook.com/WestShoreRec

# **WEST SHORE REC ON THE WEB**

Visit <a href="www.westshorerec.org">www.westshorerec.org</a> for youth sports organization contacts, online registration, directions to program facilities, helpful links, and additional information on the programs in this brochure.

The opinions expressed here are those of West Shore Recreation Commission and do not necessarily reflect the views of the West Shore School District. Distribution of information and/or display of material does not constitute endorsement of any product, service, organization, company, information provider, or content by the District.

# **COMING IN 2026**

Check out all of our NEW! Programs for Winter/Spring

AKC Star Puppy
Youth Theatre & Acting
Improv & Comedy for Kids
Ninja Obstacle Training for Kids
Mini Figure Mania with Snapology
Kinderdance with Me
Artificial Intelligence Intro
ChatGPT Basics

Babysitter's Training (newly updated)
Body Toning (added Wednesday class)
Muscle Pump (added Thursday class)
Pre-Season Golf Swing Clinics
Forrest's Southern Gumption Adventure
Niagara Culinary & Winery
Happy 100th Andy Griffith

