

Evening Youth Swim Lessons

The West Shore Recreation Commission staff thank you for your interest in our swim program. We are happy you value the need to develop your child's swimming skills.

We ask you to take note of the following:

1. Arrive about five minutes before the start of class.
2. Bring your child dressed to swim to avoid delays in the locker room.
3. Make sure your child has used the restroom prior to class starting.
4. We assume your child has completed the previous level and received a completion card for the previous level.
5. All participants in level 1 and 2 will begin lessons with the aid of a cube. It will be removed at the discretion of the instructor.
6. Compare your child's progress to him or herself only. Please do not make comparisons to other children.
7. Please do not stress or pressure your child to pass a level. In any discussion with your child concerning their swimming progress, praise them for skills improved.
8. Many children will need to repeat a level to master skills and develop endurance sufficient to pass on to the next level.
7. If you have any concerns about anything which you observe, please discuss it with your child's instructor before making swimming corrections to your son or daughter.
8. At the last class your child will receive a progress report listing all mastered skills and those which need further practice. If they have completed all of the necessary skills for that level they will also receive a wallet size American Red Cross certification card.
9. Parents may observe from the upstairs hallway windows. We ask the parents to please exit the pool deck once your child's lesson has started.
10. The observation bleachers will be open the last night only. Please keep the door to the bleacher area closed.



We also ask the following of everyone:

- No street shoes on the pool deck beyond the foyer
- No food or drink on the pool deck
- No pierced earrings.
- No glass in locker rooms or pool deck
- Bring your own towel
- Leave valuables at home
- Park in designated areas only, other areas must be kept open for possible emergency vehicle access.